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NORWEGIAN INSTITUTE OF  
BIOECONOMY RESEARCH

# Lessons from The Northern Cereals Project

Hilde Halland og Sigríður Dalmannsdóttir, Iceland 8.oct. 2024





# NORTHERN CEREALS

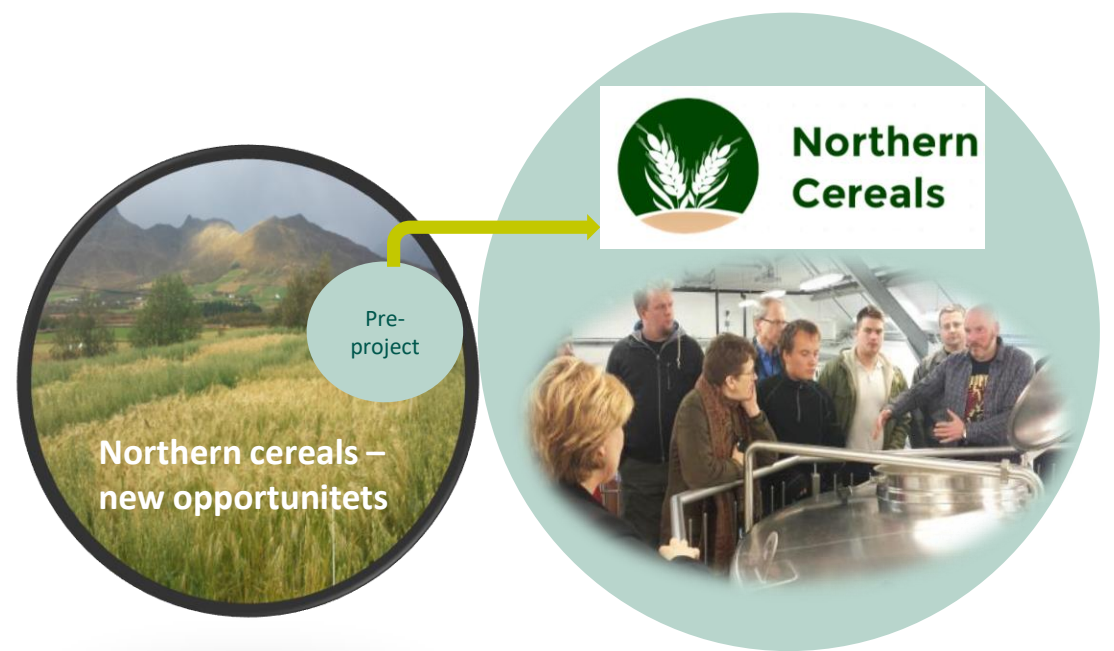
## – Three projects 2014-2018

### Objective:

Developing the value chain from northern barley to food and drink products.

### North Atlantic cooperation:

- Iceland: Matis – Icelandic Food and Biotech R&D and Agricultural University of Iceland
  - Faroes Islands: Agricultural Centre
  - Orkney Island: Agronomy Institute, Orkney College UHI
  - New Foundland: Forestry and Agrifoods Agency; Newfoundland and Labrador, Canada
  - Northern Norway: Norwegian Institute of Bioeconomy Research
  - Greenland: The Agricultural Consulting Services
- + Associated partners from all countries.



**NORA**

Nordisk Atlanterhavssamarbeid



**Northern Periphery and  
Arctic Programme**

2014–2020



**EUROPEAN UNION**

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# Value-chain perspective

-drink products  
-food products

## Growing

### Challenges:

- Agronomical practice
- Availability of seed of appropriate varieties
- Climate
- Mechanization and investments
- Competence

## Malting

### Challenges:

- Grain quality
- Optimal farm-malting
- Equipment, mechanization, investments
- Knowledge and competence

## Brewing

### Challenges:

- Differentiation and innovation
- Investments
- Rules and regulations
- Market orientation
- Small volume

## Marketing

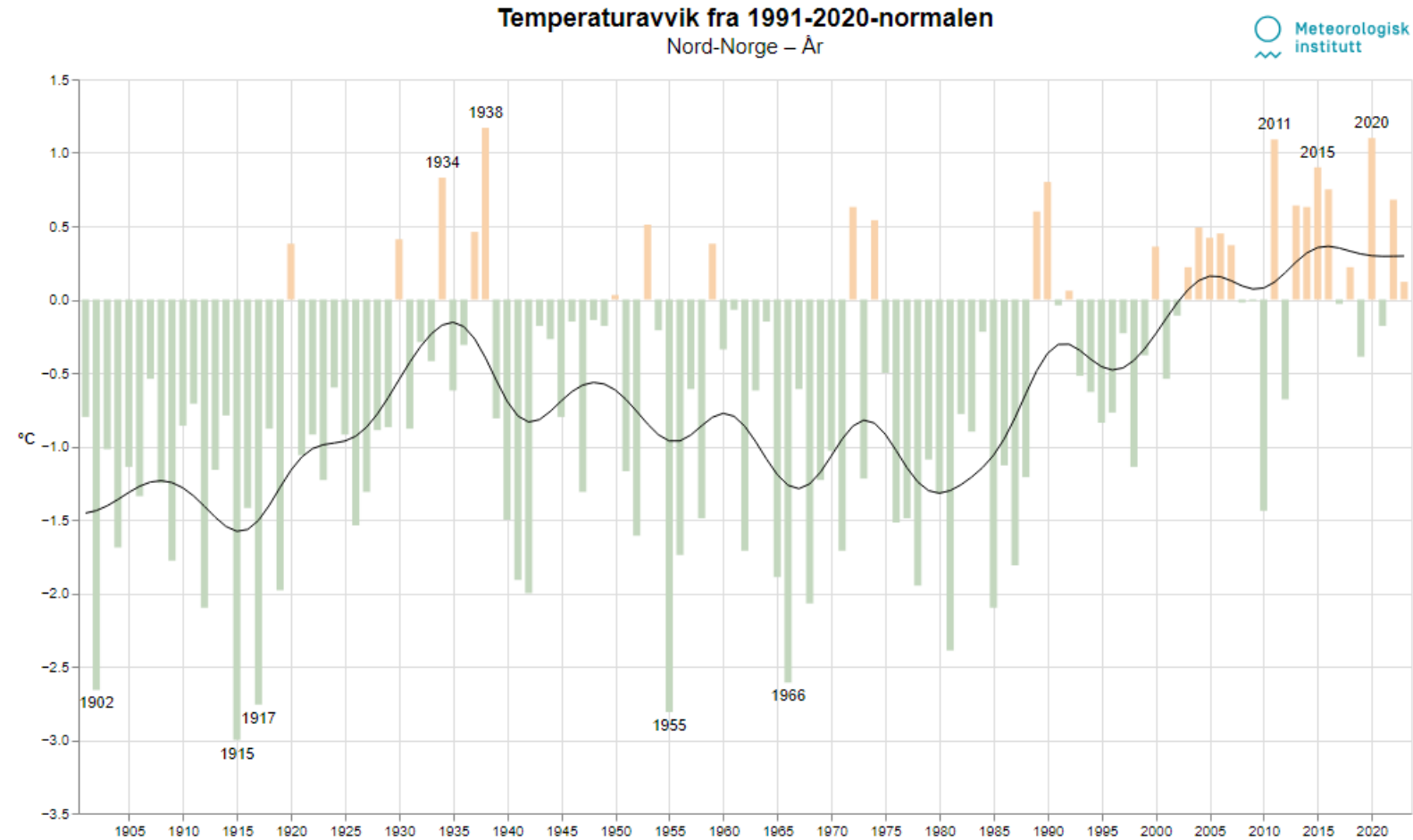
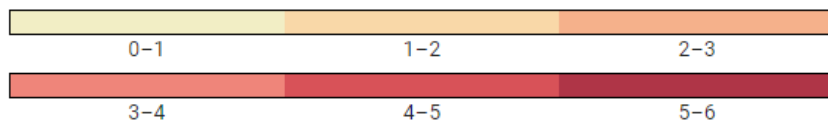
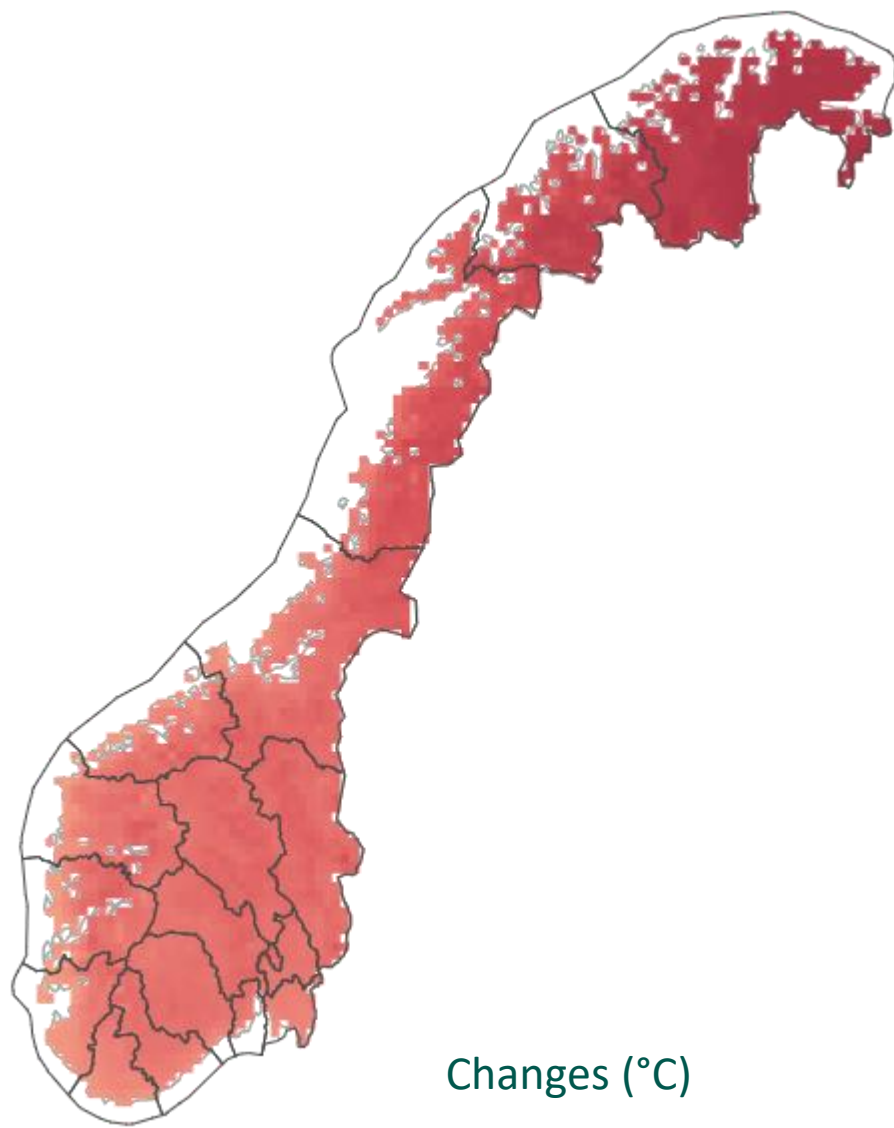
### Challenges:

- Price
- Differentiation
- Market requirements
- Sparsely populated areas
- Long distances
- Poor communications



Value chain segments	Farming	Malting	Brewing	Marketing
<b>Methods</b>	Test-production Quality testing Various Guidelines for growing, potential land use, sustainability, grain drying and storage. Knowledge exchange	Test-malting Quality testing Malting Guidelines Knowledge exchange Malting placements	Test brewing Knowledge exchange	Product development Review of market situation
<b>Outcomes</b>	Climatic factors in all areas specified for cereal production Arable land cross the regions quantified Old varieties tested and seed multiplied in OR, FO, NO. Testing of modern Icelandic varieties in all countries. Quality testing of grain in NO, OR and IS. Demonstration plots in OR, FO and NO Farmer handbook for growing barley in all languages Knowledge exchange, local and transnational, all regions. Farm visits in OR and IS.	Test malting in OR, IS and NO. Quality testing of malt in OR and NO Malting process experiments in NO with varieties from NO, IS and OR Malting guidelines in English and Norwegian. Knowledge exchange in all regions. Malting placements in OR for 8 companies from IS, FO and NO.	Test brewing of locally grown barley by microbreweries in OR, IS and NO. Company visits in all regions Knowledge exchange company to company, all regions.	Product development by microbreweries in IS, OR and NO. Review of market potential, all partners.
<b>Partners and stakeholders involved</b>	R&D partners Farmers (Microbreweries)	R&D partners Microbreweries External R&D specialists	(R&D partners) Microbreweries	Microbreweries (R&D partners)

# It is getting warmer ...especially in the north



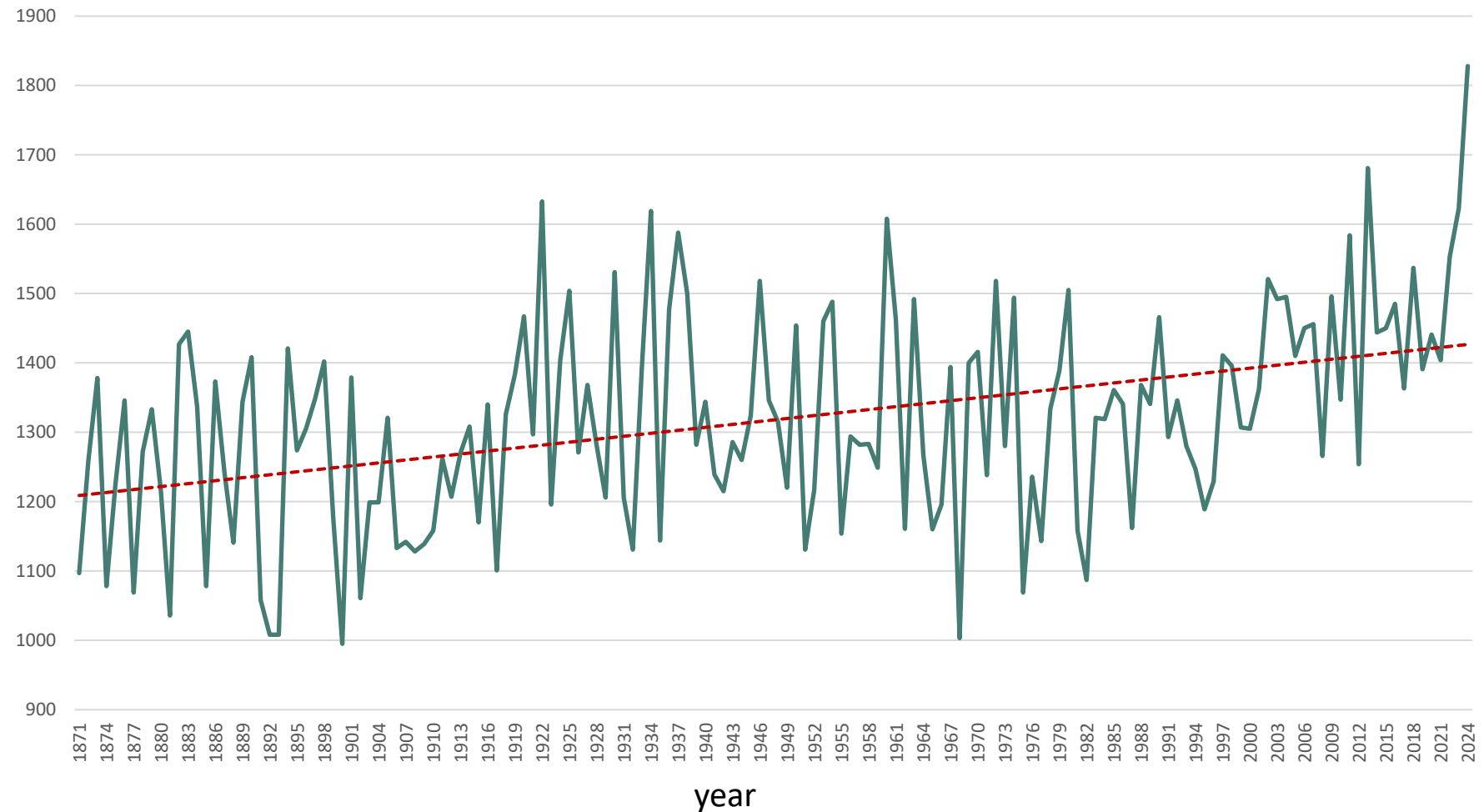


# Changing climate – new possibilities

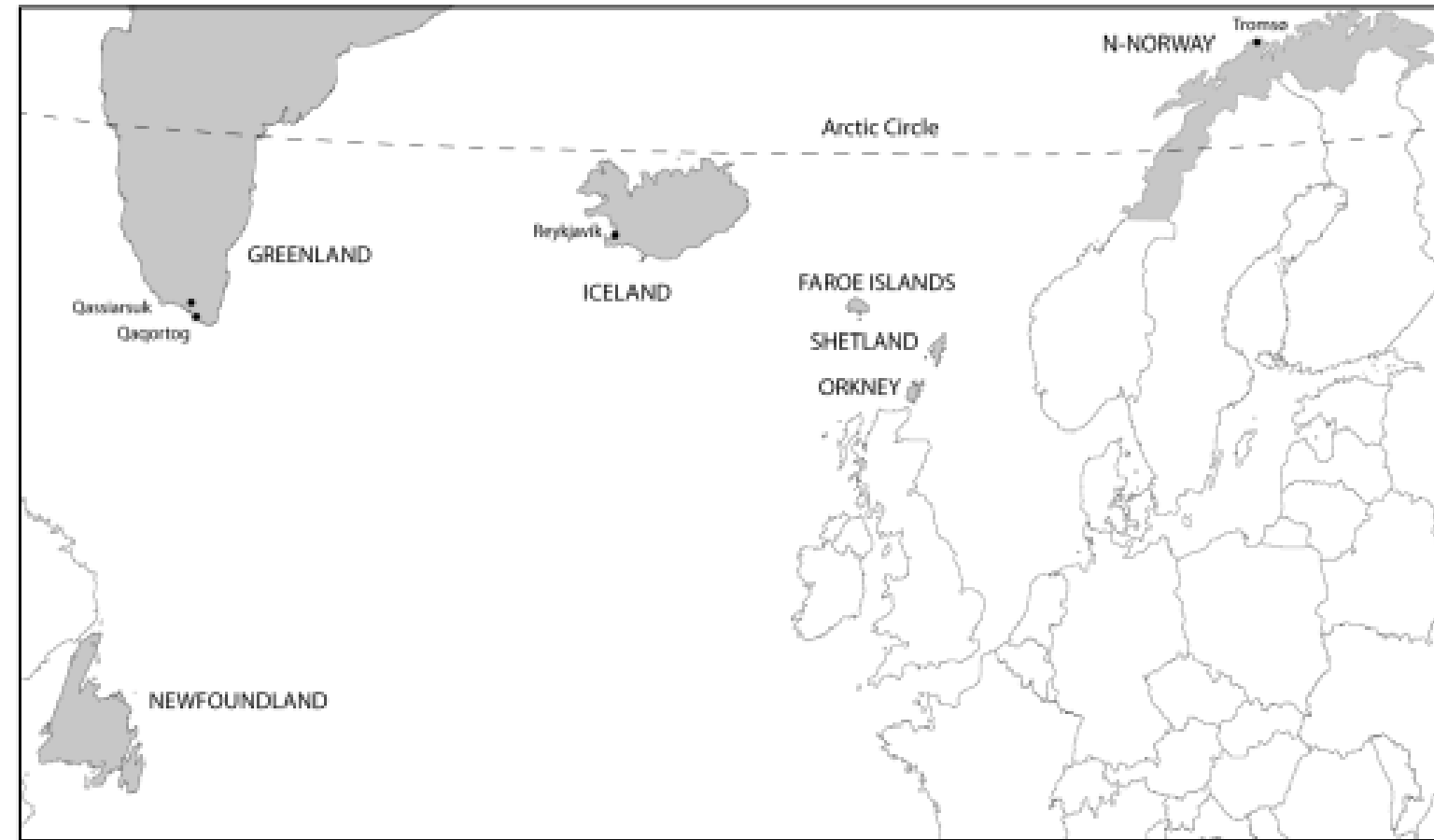
- Day degrees during growing season are increasing
- High yearly variations, but more years with potentially mature barley

Degree days (0°C)

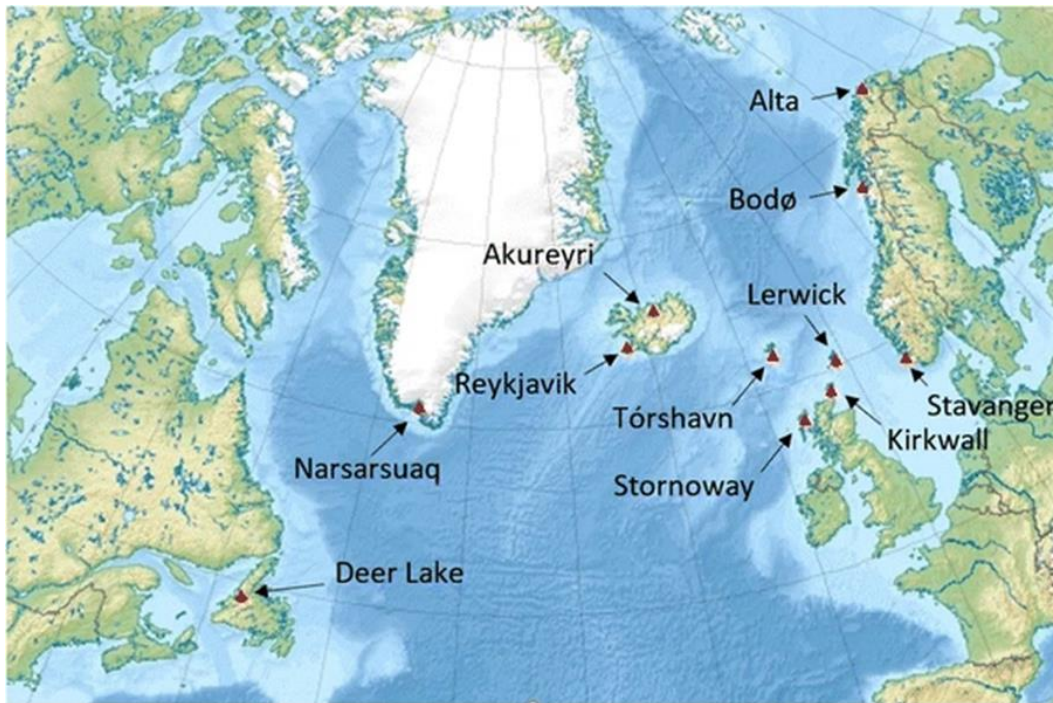
Tromsø May-Sept



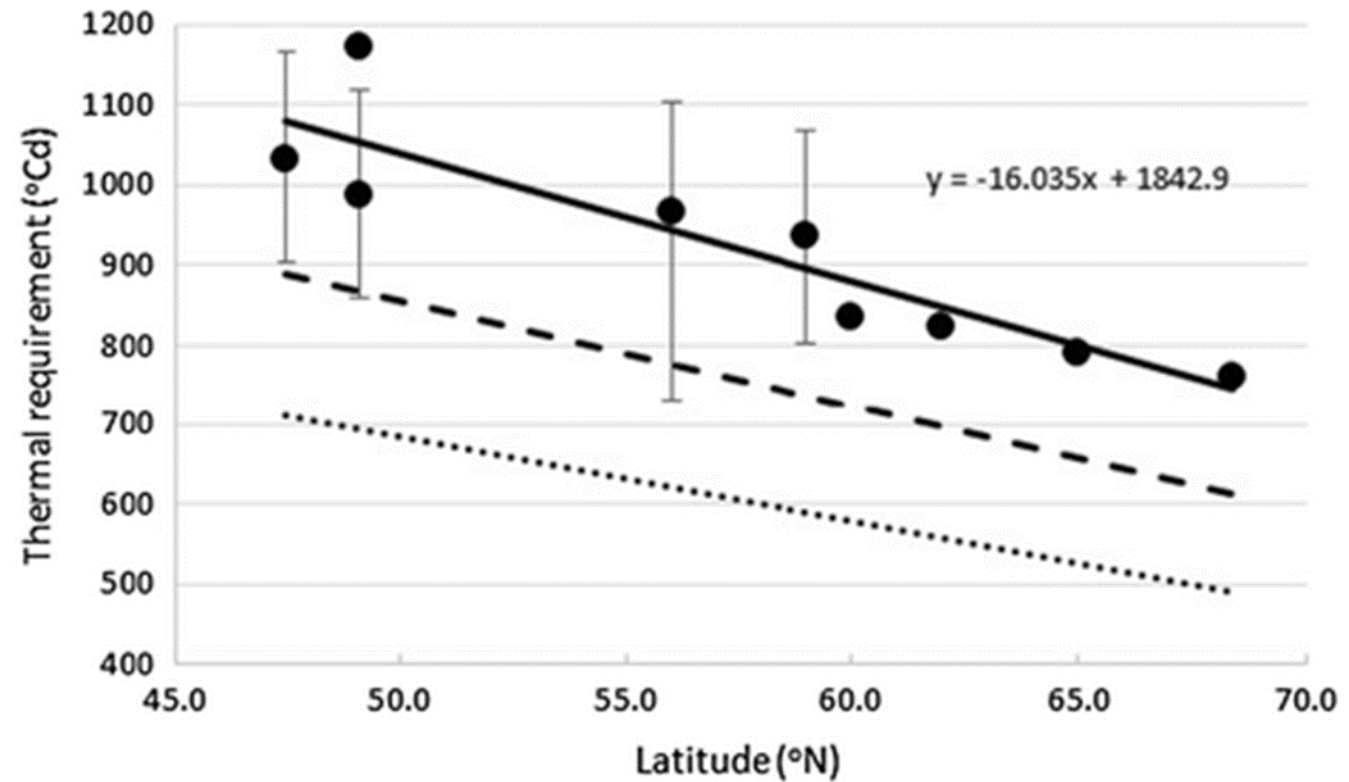
# Field trials in the North Atlantic region



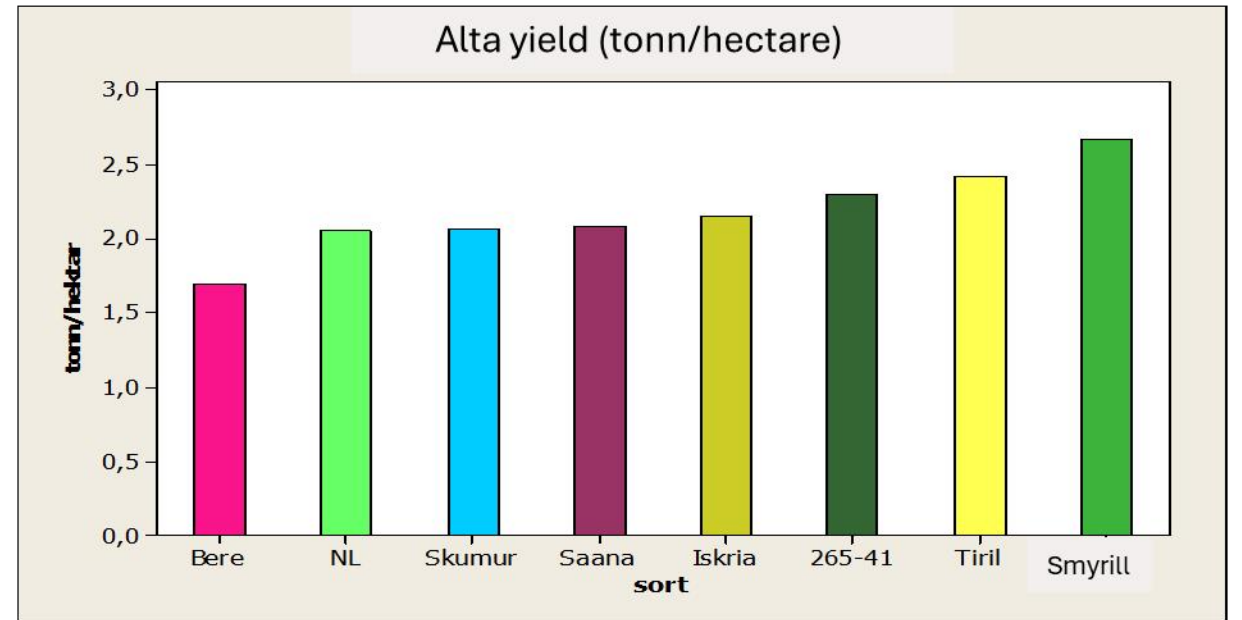
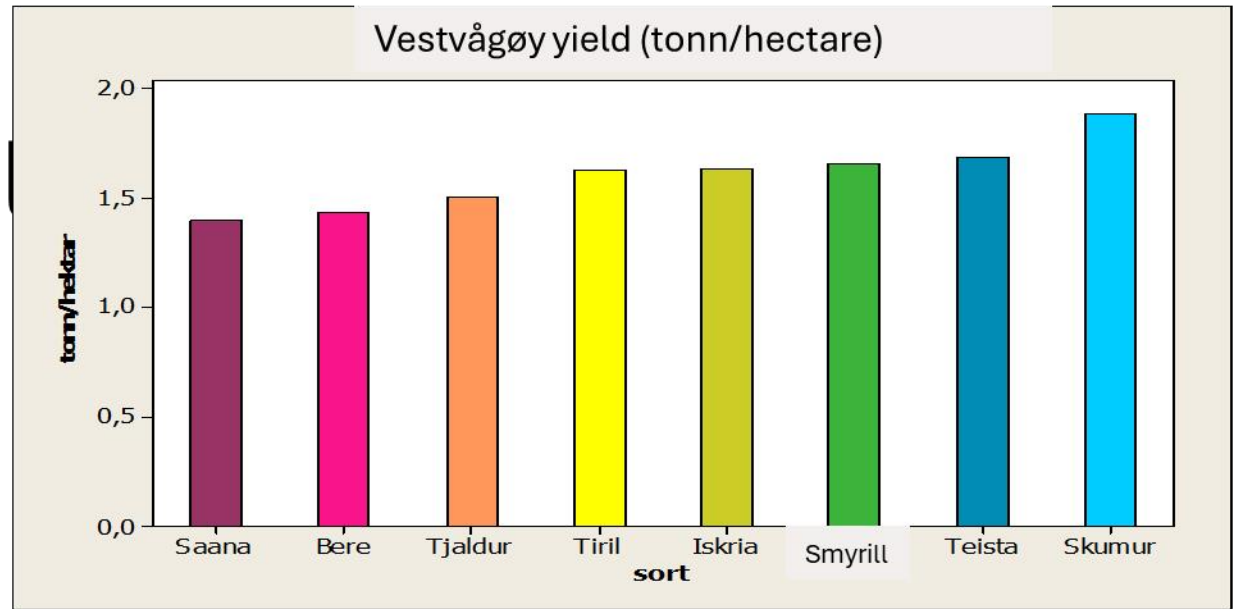
# North Atlantic region – the thermal requirement of early maturing spring barley is less at higher latitudes



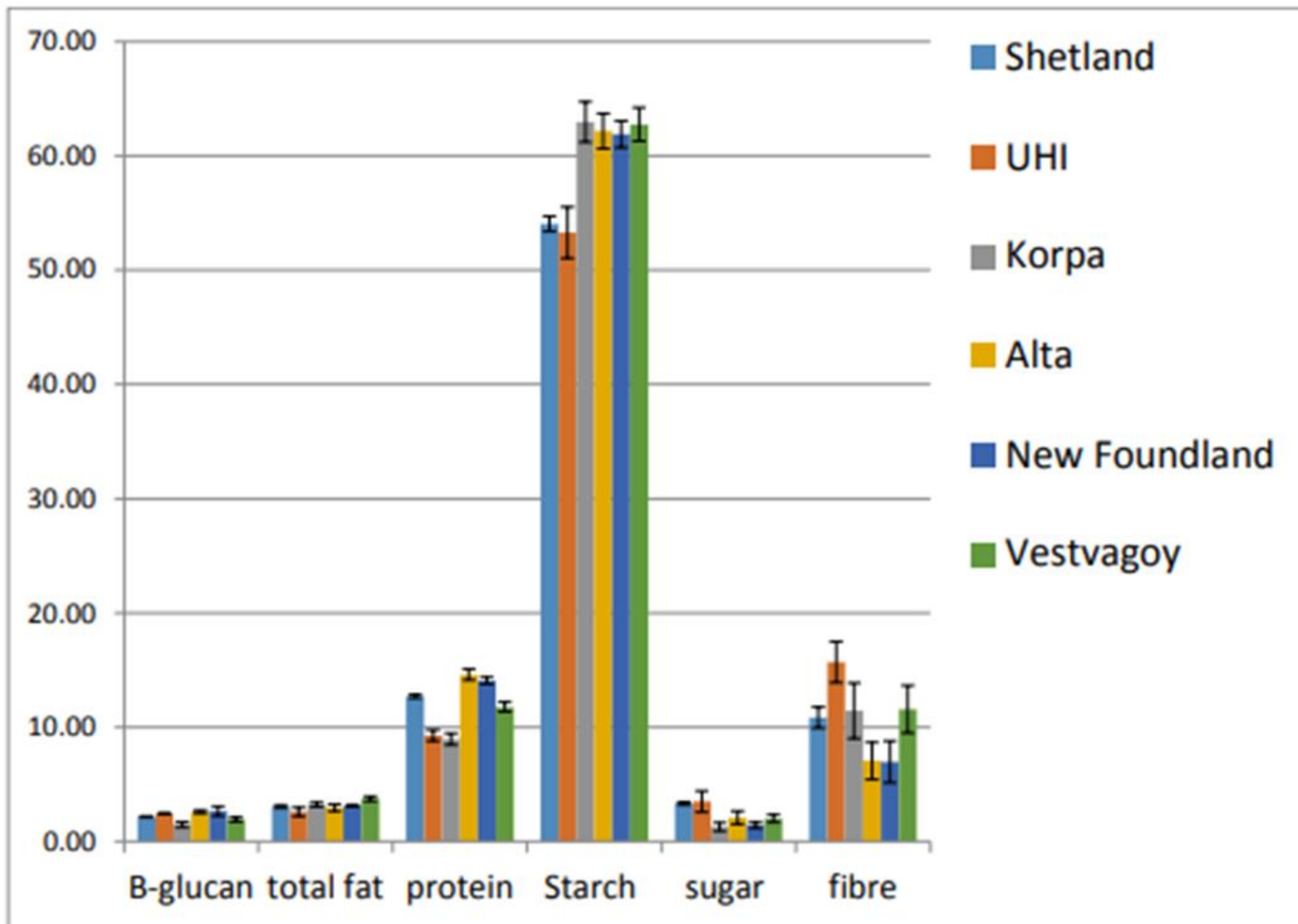
Location of meteorological sites





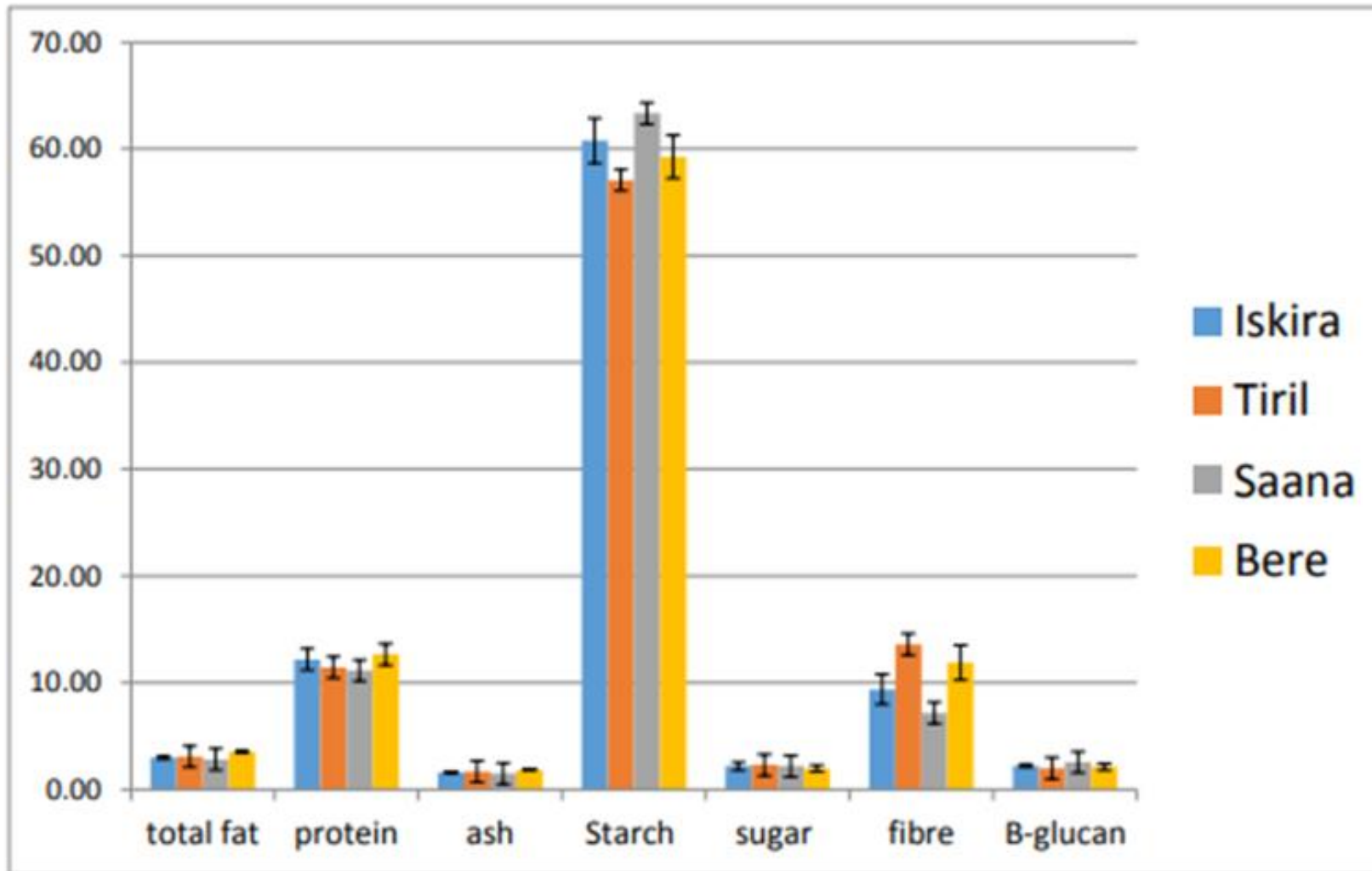


# Grain quality



**Figure 4-8.** Nutrients in 4 barley varieties grown at 6 locations, Shetland, Orkney (UHI), Iceland (Korpa), N-Norway (Alta) and N-Norway (Vestervågøy). From Scott (2015).

# Grain quality



**Figure 4-7.** Nutrients in 4 barley varieties grown in Iceland, N-Norway, Orkney and Newfoundland. From Scott (2015).



# Exchanging experiences





# Social settings may also result in new adventures!







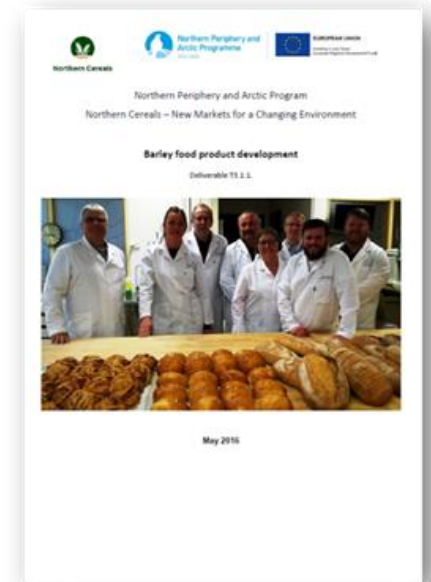


# Knowledge exchange



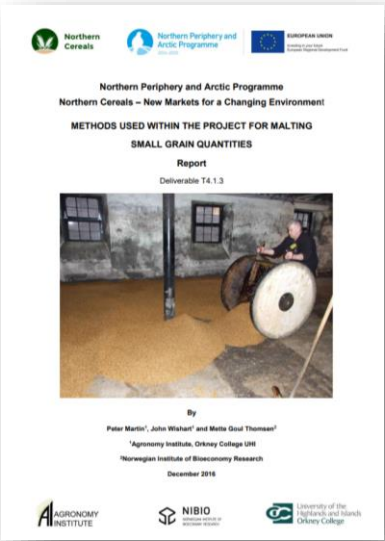


# Product development course at Nofima in Norway





# Training and testing at the floor malting facilities at Highland Park, Orkney Islands





# Testmalting of barley

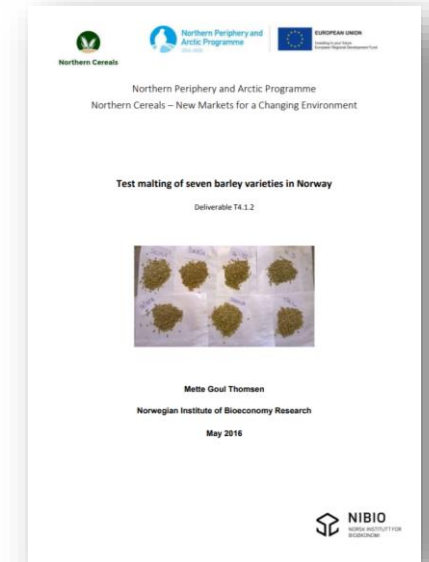
High germination in all the seven varieties.

Malt quality was found to vary between varieties.

->"so far no reason to believe that it is not possible to grow malting barley in Northern Norway".

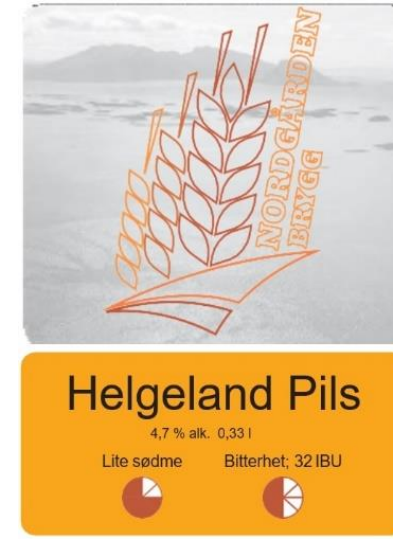
**Table 7.** Malt quality of seven varieties of barley

Variety	Friability test	Saccharification time, min	% Plato	Colour, EBC	Filtration rate	Total protein dry basis, %	Kolbach index (Soluble N ratio)
Optimal result	>80%	<12 min	10% = 4,5% alcohol	4.0 ±0.5	Normal/ Slow	10.5 – 12%	38-45%
NL3	44.03	15	8.3	5.3	S	8.52	37.04
Iskria	64.88	10	8.2	5.7	S	9.24	38.36
Tiril	60.08	10	8.3	5.4	S	7.96	36.38
Saana	75.60	10	8.4	4.8	S	8.32	37.1
06-72	79.38	10	8.6	4.9	N	7.73	41.16
Skumur	61.78	10	8.2	5.4	N	9.21	36.89
Teiste	33.48	15	7.8	3.7	S	10.25	27.52






# Product development





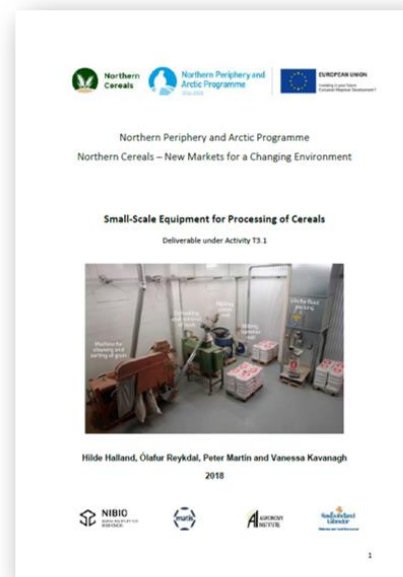
## Recommendations for increased cereal production and use in the north:

- Cooperation for building competence and knowledge exchange between researchers, advisors and farmer
  - Value chain perspective thinking: direct cooperation between farmers and food and drink producers
  - Sustainable feed production from own cereal
  - Investment in threshers and dryers – if possible, machine cooperation
  - Intermediaries; mills, malteries and storage/drying facilities must be developed; small scale equipment.
  - Further research on malting quality
  - Breeding and collaboration in the north for adapted cereal varieties
- 

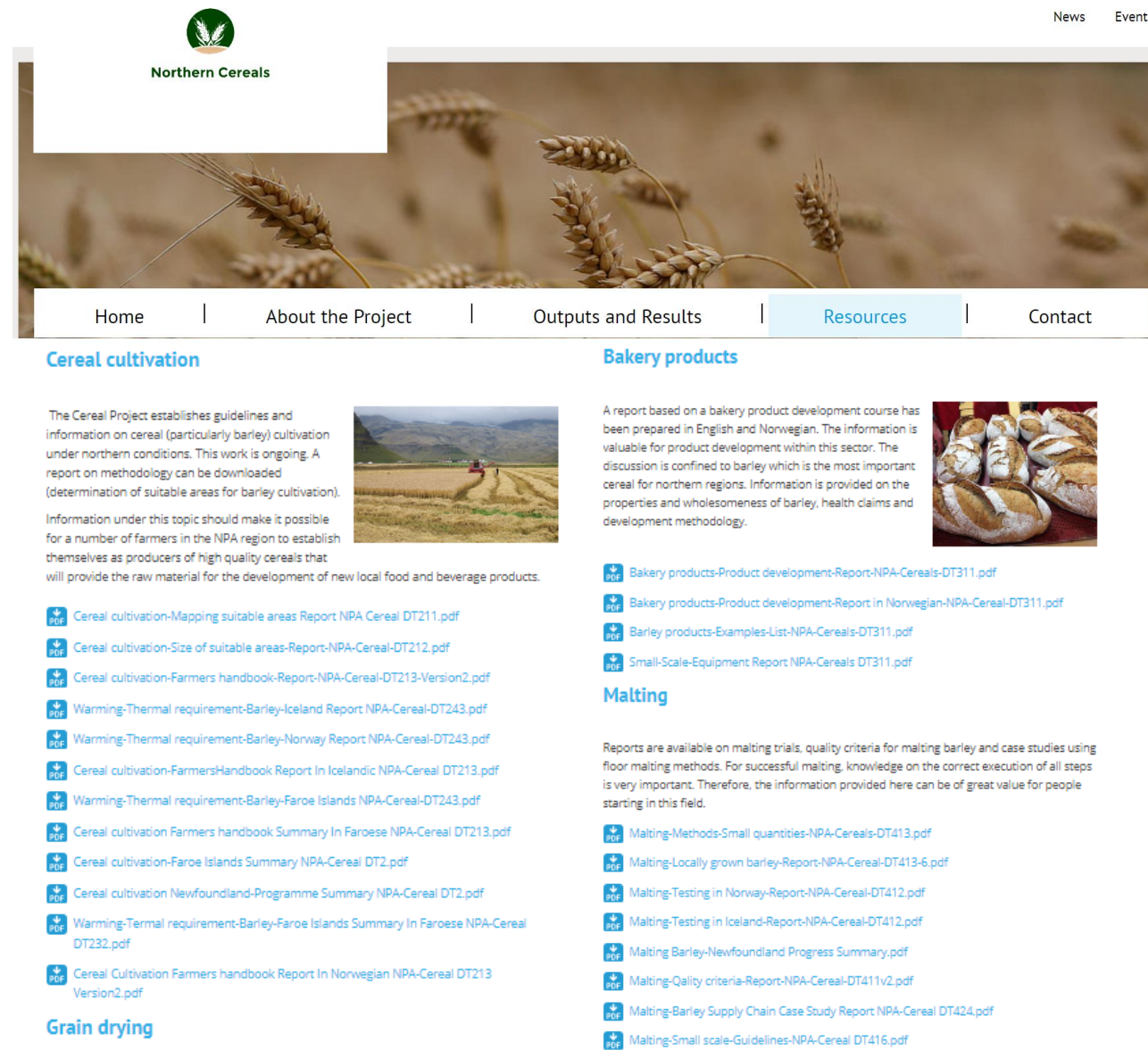


To access the knowledge produced regarding:

- Cereal cultivation
- Grain Drying
- Bakery products
- Small-scale equipment
- Malting
- Beverages
- Sustainability
- Cereal Market



<https://cereal-2014-20.interreg-npa.eu/resources/>



**Northern Cereals**

Home | About the Project | Outputs and Results | **Resources** | Contact

**Cereal cultivation**

The Cereal Project establishes guidelines and information on cereal (particularly barley) cultivation under northern conditions. This work is ongoing. A report on methodology can be downloaded (determination of suitable areas for barley cultivation). Information under this topic should make it possible for a number of farmers in the NPA region to establish themselves as producers of high quality cereals that will provide the raw material for the development of new local food and beverage products.

**Bakery products**

A report based on a bakery product development course has been prepared in English and Norwegian. The information is valuable for product development within this sector. The discussion is confined to barley which is the most important cereal for northern regions. Information is provided on the properties and wholesomeness of barley, health claims and development methodology.

**Malting**

Reports are available on malting trials, quality criteria for malting barley and case studies using floor malting methods. For successful malting, knowledge on the correct execution of all steps is very important. Therefore, the information provided here can be of great value for people starting in this field.

**Cereal cultivation PDFs:**

- Cereal cultivation-Mapping suitable areas Report NPA Cereal DT211.pdf
- Cereal cultivation-Size of suitable areas-Report-NPA-Cereal-DT212.pdf
- Cereal cultivation-Farmers handbook-Report-NPA-Cereal-DT213-Version2.pdf
- Warming-Thermal requirement-Barley-Iceland Report NPA-Cereal-DT243.pdf
- Warming-Thermal requirement-Barley-Norway Report NPA-Cereal-DT243.pdf
- Cereal cultivation-FarmersHandbook Report In Icelandic NPA-Cereal DT213.pdf
- Warming-Thermal requirement-Barley-Faroe Islands NPA-Cereal-DT243.pdf
- Cereal cultivation Farmers handbook Summary In Faroese NPA-Cereal DT213.pdf
- Cereal cultivation-Faroe Islands Summary NPA-Cereal DT2.pdf
- Cereal cultivation Newfoundland-Programme Summary NPA-Cereal DT2.pdf
- Warming-Thermal requirement-Barley-Faroe Islands Summary In Faroese NPA-Cereal DT232.pdf
- Cereal Cultivation Farmers handbook Report In Norwegian NPA-Cereal DT213 Version2.pdf

**Bakery products PDFs:**

- Bakery products-Product development-Report-NPA-Cereals-DT311.pdf
- Bakery products-Product development-Report in Norwegian-NPA-Cereal-DT311.pdf
- Barley products-Examples-List-NPA-Cereals-DT311.pdf
- Small-Scale-Equipment Report NPA-Cereals DT311.pdf

**Malting PDFs:**

- Malting-Methods-Small quantities-NPA-Cereals-DT413.pdf
- Malting-Locally grown barley-Report-NPA-Cereal-DT413-6.pdf
- Malting-Testing in Norway-Report-NPA-Cereal-DT412.pdf
- Malting-Testing in Iceland-Report-NPA-Cereal-DT412.pdf
- Malting Barley-Newfoundland Progress Summary.pdf
- Malting-Quality criteria-Report-NPA-Cereal-DT411v2.pdf
- Malting-Barley Supply Chain Case Study Report NPA-Cereal DT424.pdf
- Malting-Small scale-Guidelines-NPA-Cereal DT416.pdf





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