



About Tech2Heal

Tech2Heal aims to address work absenteeism and early retirement due to poor mental and physical health, particularly in remote and sparsely populated regions.

By leveraging advanced technologies such as wearable sensors and AI-driven analytics, the project seeks to better understand and improve the factors influencing work-life balance, occupational health conditions, and employee well-being.

Pilot studies will be implemented across diverse occupational groups to test innovative solutions, analyse outcomes, and propose policy recommendations Norway.

Top News

Tech2Heal Partners Meet in Sweden

Meet the Partners: Jarmo Reponen

Tech2Heal Co-Creation Session at The Centre For Rural Medicine, Region Västerbotten

Visit the Tech2Heal website for more:



www.interreg-npa.eu/projects/tech2heal/home/

Tech2Heal Partners Meet in Storuman, Sweden



Tech2Heal partners recently gathered in Storuman, Sweden, for a productive meeting hosted by the Swedish Centre for Rural Health. The two-day session focused on knowledge exchange, collaboration, and planning as the project advances its mission to improve occupational health and well-being, particularly in remote and rural regions.

Discussions centred on challenges such as absenteeism, early retirement, and pressure on support services, alongside co-creation sessions to progress upcoming Proofs of Concept. A visit to Storuman Cottage Hospital also provided valuable insight into rural healthcare delivery, reinforcing the importance of developing accessible and sustainable solutions.

Meet The Partners – Prof. Jarmo Reponen

Professor Reponen is a Professor of Healthcare Information Systems at the University of Oulu and a specialist in radiology with expertise in healthcare information technology. His research focuses on evaluating health information systems, including their real-world use and user experience.

He has contributed extensively to eHealth, telemedicine, and AI applications in radiology, with recent work focusing on digital health technology assessment to support more effective healthcare solutions.



Co-Creation Session: Strengthening Workplace Well-Being in Sweden



Tech2Heal's Swedish partners recently met in Vilhelmina for a two-day collaboration focused on advancing workplace well-being. Hosted by the Swedish Centre for Rural Health, the sessions explored how organisations can evolve while continuing to support their people.

Discussions highlighted the role of technology, such as self-assessment tools and guided reflection, in helping organisations better understand employee experiences and reduce stress. Through workshops and expert insights, partners also examined how to apply and communicate these learnings to support healthier, more sustainable workplaces, particularly in rural regions.